Ultimate Florida Vacation Packing List

Sunshine • Beaches • Theme Parks • Road Trips

TRAVEL & TECH ESSENTIALS

- ☐ Government ID / driver's license
- ☐ Credit/debit cards & some cash
- ☐ Phone with waterproof/shockproof case
- ☐ Portable power bank (10,000mAh or higher)
- ☐ Charging cables (plus a spare)
- ☐ Digital copies of insurance cards & key documents (saved offline)
- ☐ Copies of reservations / tickets (digital and/or printed)
- ☐ Small dry bag or waterproof pouch for valuables

WEATHER & SUN PROTECTION

- ☐ Broad-spectrum SPF 50+ sunscreen (reef-safe if snorkeling/diving)
- ☐ SPF lip balm
- ☐ After-sun aloe vera gel
- ☐ Lightweight, packable rain jacket or poncho
- ☐ Compact, sturdy umbrella (can double as sun shade in lines)
- ☐ Cooling towel
- ☐ Moisture-wicking undergarments / base layers to prevent chafing
- ☐ Wide-brim hat or cap that won't blow off
- ☐ Sunglasses (polarized if possible)

CLOTHING FOR FLORIDA'S CLIMATE

- ☐ Lightweight, quick-drying shorts
- ☐ Lightweight pants (avoid heavy denim)
- ☐ Breathable t-shirts and tank tops
- ☐ Moisture-wicking athletic wear
- ☐ Long-sleeved UPF shirt for sun protection
- ☐ Light cardigan or zip-up hoodie for aggressive indoor A/C
- ☐ One pair of lightweight pants and a light jacket (Nov–Mar or cool evenings)
- ☐ Oversized scarf or lightweight quarter-zip pullover
- ☐ One smart-casual outfit for nicer dinners or nightlife
- ☐ Colorful / patterned pieces that photograph well and hide stains

FOOTWEAR

- ☐ Broken-in walking shoes (mesh or breathable athletic shoes)
- ☐ Water-friendly sport sandals with back strap
- ☐ Lightweight flip-flops for pool and hotel use
- ☐ Water shoes (springs, rocky beaches, water parks)
- ☐ Extra moisture-wicking socks
- ☐ Memory foam insoles (optional)

BEACH & WATER ESSENTIALS

- ☐ 2–3 swimsuits (so one can dry between uses)
- ☐ Microfiber beach towel
- ☐ Water shoes for hot sand and shells/rocks
- ☐ Waterproof phone case or small dry bag
- ☐ Pop-up sun shelter or beach shade (if not renting umbrellas)
- ☐ Reef-safe sunscreen for snorkeling/diving areas
- ☐ Mesh shell bag for Gulf Coast shelling
- ☐ Small microfiber towel for rain, springs, or damp gear

THEME PARK / DAY PACK MUST-HAVES

- ☐ Lightweight backpack with multiple compartments
- ☐ Clear pouches or packing cubes for security checkpoints
- ☐ Portable phone charger (core theme park essential)
- ☐ Refillable insulated water bottle (or collapsible bottle)
- ☐ Cooling towel packed in the park bag
- ☐ Packable poncho or compact rain jacket
- ☐ Foldable shopping bag for souvenirs or wet clothes
- ☐ Small crossbody bag for lighter evening outings
- ☐ Snacks that fit within park rules
- ☐ Resealable plastic bags for wet items and electronics

HEALTH & SAFETY

- ☐ Prescription medications (original containers plus a few extra days)
- ☐ List of medications and doses
- ☐ Basic first aid kit (bandages, antibiotic ointment, etc.)
- ☐Pain relievers and motion sickness medication

- ☐ Hydrocortisone cream for bites and rashes
- ☐ Blister prevention and treatment supplies
- ☐ Digital thermometer
- ☐ Insect repellent with DEET or picaridin

Florida Travel Blog suggests you tick each item off as you pack it!